

EMPOWER OHIO

RESOURCE KIT



Medical, Financial, and
Social Support for the
Ohio Trans Community

February 2024

 transgender.org

INTRODUCTION

Welcome to the Empower Ohio Resource Kit-- a collection of support resources created to assist and empower the transgender community in Ohio. This resource kit has been compiled in response to the passage of House Bill 68, a significant piece of legislation that impacts the lives of trans individuals across the state. Our top goal is to connect you with the reliable information and resources you need to navigate these changes and advocate for your rights and well-being.

Many of these resources are made accessible by the tireless efforts of local and state-level organizations that are dedicated to serving Ohio's transgender population. Organizations such as TransOhio, Equality Ohio, and the Campaign for Southern Equality, whose service to the Ohio trans community has been indispensable. Their commitment to our community is a beacon of hope and a source of strength for many.

In this kit, you will find a library of resources designed to inform you about the current state of transgender rights (both in Ohio and nationwide), and connect you with organizations and initiatives at every level that can assist you in determining your next steps. Every individual is different, so remember to navigate this guide with care and use your own best judgement to decide what's right for you.



UNDERSTANDING THE CURRENT LANDSCAPE

To help you stay informed regarding the current state of trans rights in Ohio and beyond, check out the following materials:

[FAQ - More info about HB 68](#)

via ACLU Ohio

[Nondiscrimination protections by municipality](#)

via Equality Ohio

[Ohio Trans Health Proposed Rules](#)

via TransOhio

[Gender Affirming Care Bans by State \(map\)](#)

via Campaign for Southern Equality

MEDICAL RESOURCES



HB 68 includes a “grandfather clause”, which means transgender youths who are already receiving gender-affirming care before April 23, 2024 can continue their treatments. This exception is a vital lifeline for many, but it also signals an upcoming surge in demand for trans-affirming providers within the state.

With a forecasted influx in patients, having access to a comprehensive list of medical providers is more important now than ever. This section is dedicated to connecting trans folx of all ages with a variety of medical resources across Ohio, ensuring you have the information necessary to make informed decisions about your healthcare.



LOCAL CARE OPTIONS

[Ohio Health](#)

Providers in 7 cities, including Athens and Dublin

[OSU Gender Affirming Primary Care Clinic](#)

Clinics in Columbus & Westerville, with providers in other areas

[Equitas Health Centers](#)

Operating in Cincinnati, Columbus, Dayton, and Akron

[Planned Parenthood Clinics](#)

17 in-person clinics and a virtual care clinic. Locations include Canton, Cleveland, Kent, Lorain, and Warren

[TransOhio Provider List](#)

A list of medical providers across Ohio

Note: Some providers may not offer care to patients under 18, regardless of parental consent.



OTHER OPTIONS

If your local clinics and providers are booked, here are a few alternatives worth considering:

[Folx Health](#), [Plume Health](#) and [QueerMed](#)

Online telehealth options (with or without insurance)

[Trans In The South: Out-of-state Directory](#)

Trans-affirming healthcare providers (via Southern Equality)

[Gender GP](#)

EU-based telehealth that aims to offer a path to gender-affirming care through your current provider

FINANCIAL ASSISTANCE

Some of the options above can be expensive, especially if insurance doesn't cover the care you're seeking. For those who may need financial assistance to pursue their care in 2024, check out the resources below.

[TransOhio: Trans-formation Emergency Fund - OPEN](#)

For those with urgent need, TransOhio is offering emergency financial aid to those looking to relocate or seek care in safer areas.

[Campaign for Southern Equality: Southern Trans Youth Emergency Project - OPEN](#)

The Southern Trans Youth Emergency Project is offering grants to those impacted by the trans care bans.

[Trans Empowerment Project: InTRANSitions HRT Assistance](#)

Offering direct aid for a variety of needs, Trans Empowerment Project will be available on or after March 31.

[Point of Pride: HRT Access Fund](#)

Point of Pride offers individuals 18+ with 12 months of hormone-related care through partnerships with [Plume](#), [Folx](#), [QueerMed](#), and [QueerDoc](#). Applications are open from June 15 to July 31.

SOCIAL SUPPORT

While navigating these challenges may be difficult, know that you're not alone! If you're in need of comfort, guidance, or friendship, look through the resources below.

HOTLINES/WARMLINES

[TransOhio Trans Care Connect Warm Line:](#) (866)708-6446

State-specific trans peer support through call and text

[Trans Lifeline:](#) (877)565-8860

Offering trans peer support Monday through Friday

[Suicide & Crisis Lifeline](#) 988

24/7 call, text, and chat. Press 3 to reach an LGBTQI+ support specialist

[Trevor Project Support Networks:](#) (866)488-7386

24/7 call, text, and chat for LGBTQ young people

COMMUNITY SPACES

[TransOhio Discord Server](#)

A state-wide Discord server managed by TransOhio

[Trans+ Support Group on Facebook](#)

A virtual support group centered in Cleveland

[Transgender.org Discord Server](#)

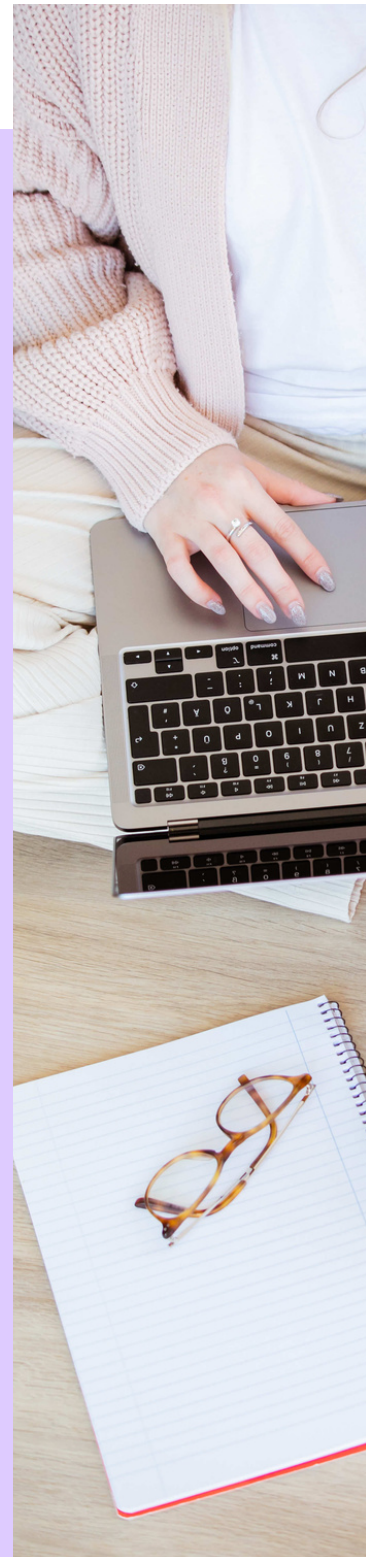
A safe space for the TGNB community and its allies

[Transpeak Discord Server](#)

A worldwide Discord Server for TGNB people

[TransOhio Support Group Directory](#)

Find more physical and virtual support groups



YOUTH-SPECIFIC SUPPORT

[Kaleidoscope Youth Center](#)

Youth-informed support services based in Columbus

[PFLAG Youth Resources](#)

Find youth-specific resources and local PFLAG chapters

[Trevor Space \(13 to 24 only\)](#)

An international online community for LGBTQ+ youth

MORE RESOURCES

While the resources provided in this kit aim to offer a solid starting point for support and information, it's important to remember that they are only a small selection of resources available to you in Ohio. Local and regional organizations play a critical role in offering specialized support, and we encourage you to explore these additional services further. For the most up-to-date information and additional assistance, check out the links below!

[TransOhio: Emergency Resources](#)

[Equality Ohio: Legal Assistance](#)

[Stonewall Columbus: Trans Resource Directory](#)

[Pro-Choice Ohio: Trans Resource Directory](#)

[Equality Ohio: Linktree](#)

[TransOhio: HB68 Resource Guide](#)

